

Steven D. Shapiro, M.D.

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PROFILE

Dr. Steven Shapiro is a board-certified neurologist and founder of **Shapiro Medical Consulting**, a physician-focused advisory firm built for practicing healthcare providers and institutional clients. The firm delivers individualized advisory services centered on career coaching, compensation and incentive optimization, and contract negotiation strategy, helping clinicians make clear, confident decisions at critical career junctures. Shapiro Medical Consulting also supports key opinion leader (KOL) engagement, providing practical clinical insight to industry and healthcare partners, and operates a neurology locums division offering experienced neuro hospitalist and stroke coverage to hospitals and health systems.

Dr. Shapiro serves as Medical Director of the Comprehensive Stroke Center at Cooperman Barnabas Medical Center and previously held academic appointments at Mount Sinai. He completed his training at Johns Hopkins University, New York Medical College, Columbia University, and Mount Sinai Hospital, and brings a pragmatic, peer-to-peer approach to every engagement.

EXECUTIVE POSITIONS

1/2023 –Present

Shapiro Medical Consulting, LLC

Owner/Founder, Livingston, NJ

- Physician Advisory Services - Contract Review, Coaching
- Medi-legal case review, Expert Witness
- Locum tenens neurology coverage (locations available upon request)

CLINICAL ROLES

3/2024-Present

Medical Director - Comprehensive Stroke Center

Cooperman Barnabas Medical Center – RWJBarnabas Health, Livingston, NJ

- Stroke Medical director for Comprehensive Stroke Center. Oversaw successful initial CSC certification by Joint Commission.
- Section head for Division of Stroke, Critical Care and Interventional Neurology. Responsible for inpatient and outpatient stroke service lines, as well as providing clinical oversight for the surgical management of cerebrovascular diseases.
- Site director for multiple national stroke net trials.
- Lead growth initiatives which increased billings and revenue >100% annually.

8/2022-3/2024

Assistant Professor of Neurology

Associate Director, Neurology Clerkship

Icahn School of Medicine at Mount Sinai, New York, NY

- Teaching attending at Mount Sinai Hospital and Mount Sinai West
- Supervised neurology residents and fellows
- Led curriculum development for third year medical students across clinical sites
- Strengthened didactic-clinical integration and neurological case simulation

EDUCATION & TRAINING

7/2021-6/2022	Interventional Neurology Fellowship (Diagnostic Year) Westchester Medical Center New York Medical College, Valhalla, NY
7/2020-6/2021	Vascular Neurology Fellowship Mount Sinai Hospital Icahn School of Medicine at Mount Sinai, New York, NY
7/2017-6/2020	Neurology Residency Columbia University Irving Medical Center Columbia University College of Physicians and Surgeons, New York, NY
7/2016-6/2017	Internal Medicine Internship Mount Sinai Beth Israel Icahn School of Medicine at Mount Sinai, New York, NY
8/2012-5/2016	Doctor of Medicine (MD) New York Medical College Graduated in upper quartile
9/2006-8/2010	Bachelor of Arts (BA) Johns Hopkins University Double Major: Biology and Psychology Graduated with University Honors

BOARD CERTIFICATION/LICENSURE

Active Licenses	NY, NJ, CT, FL, DE, IMLC
2023	Vascular Neurology - American Board of Psychiatry & Neurology
2020	General Neurology - American Board of Psychiatry & Neurology

PUBLICATIONS & PRESENTATIONS

Selected Original Contributions

- 2022 **Stereotactic Intracerebral Underwater Blood Aspiration (SCUBA) Improves Survival following Intracerebral Hemorrhage as Compared to Predicted Mortality**
Shapiro SD, Akayyali M, Reynolds A, Reilly K, Selim M, Dangayach N, Mocco J, Kellner CP, Liang J. *World Neurosurgery*. 2022 Feb 5:S1878-8750(22)00137-1. PMID: 35134583
- 2021 **Safety and Hospital Costs Averted using a Rapid Outpatient Management Strategy for Transient Ischemic Attack and Minor Strokes: The RAVEN Clinic**
Shapiro SD, Boehme AK, Chang BP, Miller EC, Willey J and Elkind MS. *The Neurohospitalist*, 2021 Apr;11(2): 107-113. PMID: 33791052

Peer Reviewed Original Contributions

- 2023 **Ruptured arteriovenous malformation mortality: Incidence, risk factors, and inpatient outcome score.**
Feldstein E, Zhong A, Clare K, Nolan B, Patel S, Lavi-Romer N, Stadlan Z, Dicipinigaitis A, Dominguez J, Kamal H, Shapiro SD, Biswas A, Tanweer O, Bulsara K, Muh C, Pisapia J, Hanft S, Mayer S, Gandhi CD, Al-Mufti F. *Interv Neuroradiol*. 2023 May 8 PMID: 37157828.
- 2023 **Real-World Outcomes of Endovascular Thrombectomy for Basilar Artery Occlusion: Results of the BAONIS study**
Dicipinigaitis AJ, Dick-Godfrey R, Gellerson O, Shapiro SD, Kamal H, Ghozy S, Kaur G, Desai SM, Ortega-Gutierrez S, Yaghi S, Altschul DJ, Jadhav AP, Hassan AE, Nguyen TN, Brook AL, Mayer SA, Jovin TG, Nogueira RG, Gandhi CD, Al-Mufti F. *Ann Neurol*. 2023 Mar 10. PMID 36897101
- 2022 **Intravenous Thrombolysis for Treatment of Pediatric Acute Ischemic Stroke: Analysis of Twenty Years of Population-Level Data in the United States**
Dicipinigaitis AJ, Shapiro SD, Nuoman R, Kamal H, Overby P, Kaur G, Chong J, Fifi J, Dangayach NS, Miller EC, Yaghi S. Al-Mufti F. *Int J Stroke* 2022 Sep 23. PMID 36149254
- 2022 **Investigating Outcomes Post Endovascular Thrombectomy in Acute Stroke Patients with Cancer**
Shapiro SD, Vazquez S, Das A, Dominguez JF, Kamal H, Chong J, Mayer SA, Kaur G, Gandhi CG, Al-Mufti F. *Neurology*. 2022 Sep 19. PMID 336123128
- 2022 **Cerebral vasospasm following arteriovenous malformation rupture: a population-based cross-sectional study.**
Dicipinigaitis AJ, Feldstein E, Shapiro SD, Kamal H, Bauerschmidt A, Rosenberg J, Amuluru K. Pisapia J, Dangayach NS, Liang JW, Bowers CA, Mayer SA, Gandhi CD, Al-Mufti F. *Neurosurg Focus*. 2022 Jul;53. PMID 35901745
- 2022 **Transcarotid Access for Mechanical Thrombectomy In Acute Ischemic Stroke, A Meta-Analysis and Systematic Review**
Zhong A, Kamal H, Uddin A., Feldstein E., Shapiro SD, Cheung G., Ogarro M., Friedman R., Simmons J., Graifman G., Kurian C, Kaur G, Mayer S, Chong J, Gandhi CD, Al-Mufti F. *Stroke and Cerebrovascular Disease*. 2022 Mar 9;31(5):106428. PMID: 35279005
- 2022 **Endovascular thrombectomy with and without preceding intravenous thrombolysis for treatment of large vessel anterior circulation stroke: A cross-sectional analysis of 50,000 patients**
Dicipinigaitis AJ, Gandhi CD, Shah SP, Galea VP, Cooper JB, Feldstein E, Shapiro SD, Kamal H, Kurian C, Kaur G, Tyagi R, Biswas A, Rosenberg JB, Bauerschmidt A, Bowers CA, Mayer SA, Al-Mufti F. *Journal of the Neurological Sciences*. 2022 Jan 26; 434:120168. PMID: 35101765
- 2022 **Development of Cerebral Vasospasm Following Traumatic Intracranial Hemorrhage: Incidence, Risk Factors, and Clinical Outcomes**
Dicipinigaitis AJ, Feldstein E, Damodara N, Cooper JB, Hanft S, Shapiro SD, Kamal H, Kinon MD, Pisapia J, Rosenberg JB, Gandhi CD, Al-Mufti F. *Neurosurgical Focus*, 2022 Mar;52(3):E14 PMID: 35231889
- 2022 **Association of Elevated Body Mass Index with Functional Outcome and Mortality Following Acute Ischemic Stroke: The Obesity Paradox Revisited**
Dicipinigaitis AJ, Palumbo KE, Gandhi CD, Cooper JB, Hanft S, Kamal H, Shapiro SD, Feldstein E, Kafina M, Kurian C, Chong JY, Mayer SA, Al-Mufti F. *Cerebrovascular Disease*, 2022 Feb 14:1-5. PMID: 35158366

- 2022 **A Novel Variant of the Aortic Arch Great Vessels**
Feldstein E, Zeller S, Mureb M, Kamal H, Shapiro SD, Kaur G, Al-Mufti F, Gandhi CD, Santarelli, *J. Clinical Neurology and Neurosurgery*. 2022 Feb 11; 214:107172. PMID: 35158165
- 2020 **Inpatient Neurology Consultations During the Onset of the SARS-COV2 New York City Pandemic: A Single Center Case Series**
Radmard S, Epstein SE, Roeder HJ, Michalak AJ, Shapiro SD, Boehme A, Wilson TJ, Duran JC, Bain JM, Willey JZ and Thakur KT. *Font. Neurol*. 2020; 11:805. PMID: 32754113
- 2019 **Safety and Feasibility of a Rapid Outpatient Management Strategy for Transient Ischemic Attack and Minor Stroke: The Rapid Access Vascular Evaluation-Neurology (RAVEN) Approach.**
Chang BP, Rostanski S, Willey J, Miller E, Shapiro SD, Mehendale R, Kummer B, Navi B, Elkind MS. *Annals of Emergency Medicine*, 2019 Jul 17 PMID: 31326206
- 2018 **Pathological correlates of brain arterial calcifications**
Shapiro SD, Goldman G, Morgello S, Honig L, Elkind MSV, Marshall RS, Mohr JP, Gutierrez J. *Cardiovascular Pathology*, 2018 Oct 12; 38:7-13. PMID: 30399527
- 2018 **Acute hypertensive crisis and severe headache after concurrent use of armodafinil and tranlycypromine: case report and review of the literature**
Kinslow CJ, Shapiro SD, Grunebaum MF, Miller EC. *Journal of the Neurological Sciences*, 2018 Jul 31; 393: 1-3. PMID: 30077942
- 2017 **Diagnosis of developmental learning and attention disorders in adults: A review of clinical modalities**
Schelke MW, Shapiro SD, Hackett K, Chen J, Simchon-Steinhof S, Ganzer CA, Isaacson RS, Tamboer P, Van Vliet E, Assuras S, Chiang G, Seifan A. *Neurology, Psychiatry and Brain Research*, February 2017; Volume 23: 27-35
- 2015 **Mindfulness Therapy and Seizures.**
Shapiro SD, Karceski S. *Neurology*. 2015 Sep 29; 85(12): e101-3. PMID: 26416804
- 2014 **Leptin and The Control of Pharyngeal Patency During Sleep in Severe Obesity.**
Shapiro SD, Chin CH, Kirkness JP, McGinley BM, Patil SP, Smith PL, Schneider H, Schwartz AR. *Journal of Applied Physiology*. 2014 May 15; 116(10): 1334-41. PMID: 24557793
- 2011 **Individual Canine Airway Response Variability to a Deep Inspiration.**
Brown RH, Kaczka DW, Fallano K, Shapiro SD, Mitzner W. *Clinical Medicine Insights: Circulatory, Respiratory and Pulmonary Medicine*. 2011;5 7–15. PMID: 21487453

Invited Oral Presentations

- 2025 **Maternal Stroke and Neurovascular Disorders in Pregnancy**
Department of Obstetrics and Gynecology Grand Rounds, Copperman Barnabas Medical Center, Livingston, NJ
- 2023 **Update and Evidence for Stroke Systems of Care**
American Academy of Neurology (AAN) Annual Meeting 2023, Boston, MA
- 2023 **Advances in Stroke Systems of Care**
Department of Neurology Grand Rounds, Mount Sinai School of Medicine, NY, NY
- 2019 **Rapid Access Vascular Evaluation Neurology (RAVEN) Clinic: Feasibility and Hospital Implications**
Department of Neurology Grand Rounds, Columbia University Medical Center, NY, NY
- 2013 **Leptin and The Control Of Pharyngeal Patency During Sleep In Severe Obesity**
13th International Symposium on Sleep and Breathing, Montreal, QC

Media Appearances

- 2024 **Q&A: Addressing stroke risk factors in younger persons a complex issue**
<https://www.healio.com/news/neurology/20240524/qa-addressing-stroke-risk-factors-in-younger-persons-a-complex-issue>